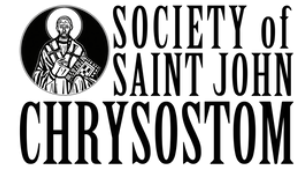


SEPTEMBER 2023

СЕПТЕМБРІЙ ЗФЛБ



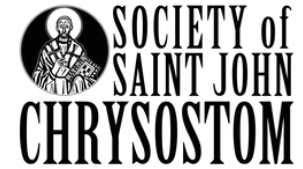
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
					+ Beginning of the Indiction Venerable Symeon the Stylite Gal. 2:6-10; Mk. 5:22-24, 35-6:1 + Tim. 2: 1-7; Lk. 4:16-22	Martyr Mamas of Caesarea Venerable John the Faster, Patriarch of Constantinople 1 Cor. 4:1-5 Mt. 23:1-12
3 <i>14th Sunday after Pentecost: Tone V</i> Hieromartyr Anthimos of Nicomedia 2 Cor. 1:21-24 Mt. 22:1-14	4 Hieromartyr Babylas, Bishop of Antioch Gal. 2:11-16 Mk. 5:24-34	5 ⊕ Holy Prophet Zachariah & Righteous Elizabeth Gal. 2:21-3:7 Mk. 6:7-13	6 ⊕ Miracle of the Archangel Michael at Collosæ Gal. 3:15-22 Mk. 6:7-13	7 ⊕ <i>Forefast of the Nativity of the Most Holy Theotokos</i> Martyr Sozon of Cilicia Gal. 3:23-4:5 Mk. 6:30-45	8 NATIVITY OF THE MOST HOLY THEOTOKOS Phil. 2:5-11 Lk. 10:38-42; 11:27-28	9 <i>Afterfeast of the Nativity of the Most Holy Theotokos</i> <i>Saturday before the Exaltation</i> ⊕ Holy & Righteous Ancestors of God Joachim & Anna 1 Cor. 4:17-5:5; Mt. 24:1-13 1 Cor. 1:26-29; Mt. 10:37-11:1
10 <i>Afterfeast of the Nativity of the MHT</i> <i>15th Sunday after Pentecost: Tone VI</i> <i>Sunday before the Exaltation</i> Martyrs Menodora, Metrodora & Nymphodora 2 Cor. 4:6-15; Mt. 22:35-46 Gal. 6:11-18; Jn. 3:13-17	11 <i>Afterfeast of the Nativity of the Most Holy Theotokos</i> Ven. Theodora of Alexandria Gal. 4:28-5:10 Mk. 6:54-7:8	12 ⊕ <i>Leavetaking of the Nativity of the Most Holy Theotokos</i> Hieromartyr Autonomus of Italy Gal. 5:11-21 Mk. 7:5-16	13 ⊕ Founding of the Church of the Holy Sepulchre Gal. 6:2-10 Mk. 7:14-24	14 EXALTATION OF THE PRECIOUS CROSS 1 Cor. 1:18-24 Jn. 19:6-11, 13-20, 25-28, 30-35	15 <i>Afterfeast of the Exaltation of the Precious Cross</i> ⊕ Great-Martyr Nicetas the Goth Eph. 1:7-17 Mk. 8:1-10	16 <i>Saturday after the Exaltation of the Precious Cross</i> Great-Martyr Euphemia the All-Praised of Chalcedon 1 Cor. 10:23-28; Mt. 24:34-44 1 Cor. 1:26-29; Jn. 8:21-30
17 <i>16th Sunday after Pentecost: Tone VII</i> <i>Sunday after the Exaltation</i> Martyrs Wisdom & her daughters Faith, Hope & Love at Rome 2 Cor. 6:1-10; Mt. 25:14-30 Gal. 2:16-20; Mk. 8:34-9:1	18 <i>Afterfeast of the Exaltation of the Precious Cross</i> Venerable Eumenios, Bishop of Gortineia Eph. 1:22-2:3 Mk. 10:46-52	19 <i>Afterfeast of the Exaltation of the Precious Cross</i> Martyrs Trophymos, Sabbatios & Dorimedontos Saint Theodore of Tarsus Eph. 2:19-3:7 Mk. 11:11-23	20 <i>Afterfeast of the Exaltation of the Precious Cross</i> ⊕ Great-Martyr Eustathius of Rome; ⊕ Martyr Michael, Wonderworker of Chernihiv Eph. 3:8-21 Mk. 11:23-26	21 <i>Leavetaking of the Exaltation of the Precious Cross</i> Apostle Kodratos of Athens, of the Seventy Eph. 4:14-19 Mk. 11:27-33	22 Holy Prophet Jonah Hieromartyr Phocas, Bishop of Sinope Eph. 4:17-25 Mk. 12:1-12	23 ⊕ Conception of the Holy Prophet, Forerunner & Baptist John 1 Cor. 14:20-25 Mt. 25:1-13
24 <i>17th Sunday after Pentecost: Tone VIII</i> OUR LADY OF WALSINGHAM ⊕ Holy Protomartyr & Equal-to-the-Apostles Thekla of Ikonion 2 Cor. 6:16-7:1; Mt. 15:21-28	25 Venerable Euphrosynē of Alexandria Eph. 4:25-32 Lk. 3:19-22	26 REPOSE OF THE HOLY APOSTLE & EVANGELIST JOHN THE THEOLOGIAN 1 Jn. 4:12-19 Jn. 6:19, 25-27, 21, 24-25 Eph. 5:20-26; Lk. 3:23-4:1	27 Martyr Kallistratos & the 49 Martyrs of Carthage Eph. 5:25-33 Lk. 4:1-15	28 + Venerable Chariton the Confessor, Abbot of Palestine Synaxis of the Venerable Fathers of the Kyiv Caves Holy King Wenceslaus Eph. 5:33-6:9; Lk. 4:16-22 + 2 Cor. 4:6-15; Lk. 6:17-23	29 ⊕ Venerable Kyriakos, Hermit of Palestine; Venerable Father Nilus, Founder & Hegumen of Grottaferrata Monastery Eph. 6:18-24 Lk. 4:22-30	30 ⊕ Hieromartyr Gregory, Bishop of Greater Armenia 1 Cor. 15:39-45 Lk. 4:31-36

⊕ CLASS I (GREAT FEAST) CLASS II (VIGIL) + CLASS III (POLYELEOS) ⊕ CLASS IV (GREAT DOXOLOGY) ⊕ CLASS V (SIX STICHERA)

Strict Fast Wine & Oil Permitted Fish, Wine & Oil Permitted Eggs, Dairy, Fish, Wine & Oil Permitted Fast-Free Period SSJC.UK

OCTOBER 2023

ОКТОБРІЙ ЗФЛБ



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 <p><i>18th Sunday after Pentecost: Tone I</i> PROTECTION OF THE MOST HOLY THEOTOKOS Venerable Romanos the Melodist 2 Cor. 7:6-11; Lk. 5:1-11 Heb. 9:1-7; Lk. 10:38-42; 11:27-28</p>	2 <p>☩ Hieromartyr Cyprian Virgin-martyr Justina Blessed Andrew, Fool-for-Christ Phil. 1:1-7 Lk. 4:37-44</p>	3 <p>☩ Hieromartyr Dionysios the Areopagite Phil. 1:8-14 Lk. 5:12-16</p>	4 <p>☩ Hieromartyr Hierotheos, Bishop of Athens Ven. Paul & Ammon of Egypt Phil. 1:12-20 Lk. 5:33-39</p>	5 <p>Martyr Charitina of Amisus Phil. 1:20-27 Lk. 6:12-19</p>	6 <p>+ Holy & Glorious Apostle Thomas Phil. 1:27-2:4; Lk. 6:17-23 + 1 Cor. 4:9-16; Jn. 20:19-31</p>	7 <p>☩ Martyrs Sergius & Bacchus 1 Cor. 15:58-6:3 Lk. 5:17-26</p>
8 <p><i>19th Sunday after Pentecost: Tone II</i> HOLY FATHERS OF THE 7TH ECUMENICAL COUNCIL Venerable Pelagia the Penitent Venerable Taisia of Egypt 2 Cor. 11:31-12:9; Lk. 6:31-36 Heb. 13:7-6; Jn. 7:1-13</p>	9 <p>+ Holy Apostle James, son of Alphaios Phil. 2:12-16; Lk. 6:24-30 + 1 Cor. 4:9-16; Jn. 20:19-31</p>	10 <p>Martyrs Eulampios & Eulampia Synaxis of the Seven Saints of Volhynia Phil. 2:16-23 Lk. 6:37-45</p>	11 <p>Holy Apostle Philip, One of the Seven Deacons Ven. Theophanes the Branded Phil. 2:24-30 Lk. 6:46-7:1</p>	12 <p>Martyrs Probos, Tarachos & Andronikes Venerable Cosmas the Melodist Phil. 3:1-8 Lk. 7:17-30</p>	13 <p>Martyrs Carpos, Papila, Agathodoros & Agathonika Phil. 3:8-19 Lk. 7:31-35</p>	14 <p>Martyrs Nazarius, Gervasius, Protasius and Celsus ☩ Ven. Paraskeva of Ternovo 2 Cor. 1:8-11 Lk. 5:27-32</p>
15 <p><i>20th Sunday after Pentecost: Tone III</i> Venerable Euthymios the New Martyr Loukianos of Antioch Gal. 1:11-19 Lk. 7:11-16</p>	16 <p>Martyr Longinus the Centurion Phil. 4:10-23 Lk. 7:36-50</p>	17 <p>Holy Prophet Hosea Ven. Martyr Andrew of Crete Col. 1:1-2, 7-11 Lk. 8:1-3</p>	18 <p>+ Holy Apostle & Evangelist Luke Col. 1:18-23; Lk. 8:22-25 + Col. 4:5-9, 14-18; Lk. 10:16-21</p>	19 <p>Holy Prophet Joel Martyr Uaros in Egypt ☩ Venerable John of Ryla Col. 1:24-29 Lk. 9:7-11</p>	20 <p>☩ Greatmartyr Artemios at Antioch Col. 2:1-7 Lk. 9:12-17</p>	21 <p><i>Saturday before Greatmartyr Demetrios:</i> ✠ SOUL SATURDAY ✠ ☩ Venerable Hilarion the Great 2 Cor. 3:12-18 Lk. 6:1-10</p>
22 <p><i>21st Sunday after Pentecost: Tone IV</i> Holy Equal-to-the-Apostles Auerkios the Wonderworker Seven Holy Youths of Ephesus Gal. 2:16-20 Lk. 8:5-15</p>	23 <p>☩ Holy Apostle James the Brother of the Lord in the Flesh Col. 2:13-20 Lk. 9:18-22</p>	24 <p>Martyr Arethas and the 4,299 Martyrs of Omir Col. 2:20-3:3 Lk. 9:23-27</p>	25 <p>Martyrs Marcian and Martyrios Col. 3:17-4:1 Lk. 9:44-50</p>	26 <p>HOLY & GLORIOUS GREATMARTYR DEMETRIOS 2 Tim. 2:1-10 Jn. 15:17-16:2</p>	27 <p>Martyr Nestor of Thessaloniki Ven. Nestor, Chronicler of Kyiv Martyr Capitolina & her slave Erotheides Col. 4:10-18 Lk. 10:1-15</p>	28 <p>☩ Greatmartyr Paraskeva Martyrs Terentios & Neonille Ven. Stefanos the Sabbaites 2 Cor. 5:1-10 Lk. 7:1-10</p>
29 <p><i>22nd Sunday after Pentecost: Tone V</i> Virgin-martyr Anastasia of Rome Venerable Abramios the Recluse Repose of Ven. Avramii of Rostov Gal. 6:11-18 Lk. 16:19-31</p>	30 <p>Hieromartyr Zenobios & Zenobia of Aegai in Cilicia 1 Thess. 1:1-5 Lk. 10:22-24</p>	31 <p>Apostles Stakhios, Amplias, Urban, Narcissos, Apellias & Aristoboulos of the Seventy Martyr Epimakhos of Pelousion 1 Thess. 1:6-10 Lk. 11:1-10</p>				

☩ CLASS I (GREAT FEAST) CLASS II (VIGIL) + CLASS III (POLYELEOS) ☩ CLASS IV (GREAT DOXOLOGY) ☩ CLASS V (SIX STICHERA)

Strict Fast Wine & Oil Permitted Fish, Wine & Oil Permitted Eggs, Dairy, Fish, Wine & Oil Permitted Fast-Free Period SSJC.UK

NOVEMBER 2023

НОВЕМРІЙ ЗФЛБ



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4
			⊕ Holy Wonderworkers & Unmercenaries Cosmas & Damian of Mesopotamia	Martyrs Akindinos, Pegasias, Aphthonios, Elpidiphoros & Anempodist of Persia	Martyrs Acepsimas the Bishop, Joseph the Presbyter & Aeithalas the Deacon of Persia Dedication of the Church of Greatmartyr George in Lydda	Venerable Ioannikes the Great Hiromartyrs Nikander, Bishop of Myra, & Presbyter Hermas
5 <i>23rd Sunday after Pentecost: Tone VI</i> Martyrs Galaktion & Epistimia Eph. 2:4-10 Lk. 8:26-39	6 Holy Father & Confessor Paul, Archbishop of Constantinople	7 Holy 33 Martyrs of Melitenē Ven. Father & Wonderworker Lazaros of Galiseia	8 SYNAXIS OF THE ARCHANGEL MICHAEL AND THE OTHER BODILESS POWERS OF HEAVEN	9 Martyrs Onesiphoros & Porphyrios Ven. Matriona of Constantinople Ven. Theoktista of Lesbos	10	11 Martyrs Menas, Victor & Stephanida, and Vincent Venerable Theodore the Studite
12 <i>24th Sunday after Pentecost: Tone VII</i> HIEROMARTYR JOSAPHAT ARCHBISHOP OF POLOTSK ⊕ Holy Father John the Merciful Ven. Nilos the Faster of Sinai Eph. 2:14-22; Lk. 8:41-56 Heb. 4:14-5:10; Jn. 10:9-16	13 OUR HOLY FATHER JOHN CHRYSOSTOM, ARCHBISHOP OF CONSTANTINOPLE	14 ⊕ Holy & All-Praiseworthy Apostle Philip	15 <i>Beginning of the Nativity Fast</i> Martyrs & Confessors Gurias, Samonas & Abibus of Edessa	16 ⊕ Holy Apostle & Evangelist Matthew	17 ⊕ Holy Father Gregory the Wonderworker of Neocæsarea	18 Martyrs Platon & Romanos
19 <i>25th Sunday after Pentecost: Tone VIII</i> Holy Prophet Obadiah Martyr Varlaam Eph. 4:1-6 Lk. 10:25-37	20 <i>Forefeast of the Entrance of the Most Holy Theotokos</i> Ven. Gregory Dekapolites Holy Father Proklos, Archbishop of Constantinople	21 ENTRANCE OF THE MOST HOLY THEOTOKOS INTO THE TEMPLE	22 <i>Afterfeast of the Entrance of the Most Holy Theotokos</i> Apostles Philemon & Archippos, Martyr Apphia and Saint Onysimos	23 <i>Afterfeast of the Entrance of the Most Holy Theotokos</i> Holy Fathers Amphylochios, Bishop of Ikonion, and Gregory, Bishop of Agrigentum	24 <i>Afterfeast of the Entrance of the Most Holy Theotokos</i> ⊕ Greatmartyr Catherine of Alexandria Greatmartyr Mercurius	25 <i>Leavetaking of the Entrance of the Most Holy Theotokos</i> Hieromartyr Clement, Pope of Rome; Hieromartyr Peter, Archbishop of Alexandria
26 <i>25th Sunday after Pentecost: Tone VIII</i> Venerable Alypios the Stylite Consecration of the Church of Holy Greatmartyr George at Kyiv Eph. 5:9-19 Lk. 12:16-21	27 Greatmartyr James of Persia Venerable Palladios of Thessaloniki	28 Ven. Martyr Stephen the New Martyr Irenarchos	29 Martyr Paramon & 370 Martyrs in Bithynia; Martyr Philumenos Venerable Akakios of Sinai	30 ⊕ Holy & All-Praised Apostle Andrew the First-Called		
































⊕ CLASS I (GREAT FEAST) CLASS II (VIGIL) ⊕ CLASS III (POLYELEOS) ⊕ CLASS IV (GREAT DOXOLOGY) ⊕ CLASS V (SIX STICHERA)

Strict Fast Wine & Oil Permitted Fish, Wine & Oil Permitted Eggs, Dairy, Fish, Wine & Oil Permitted Fast-Free Period SSJC.UK

DECEMBER 2023

ДЕКЕМБЕРІЙ 30 АБ



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
31  <i>Sunday after the Nativity of Christ</i> Righteous Joseph the Betrothed Venerable Melania of Rome Gal. 1:11-19 Mt. 2:13-23					1 	2 
3  <i>26th Sunday after Pentecost: Tone I</i> Eph. 5:8-19 Lk. 12:16-21	4 	5 	6 	7 	8 	9 
10  <i>27th Sunday after Pentecost: Tone II</i> Eph. 2:14-22 Lk. 8:41-56	11 	12 	13 	14 	15 	16 
17  <i>28th Sunday after Pentecost: Tone III</i> THE HOLY FOREFATHERS OF CHRIST Col. 1:12-18; Lk. 17:12-19 Gal. 5:22-6:2; Mt. 11:27-30	18 	19  Boniface the Merciful	20  <i>Forefeast of the Nativity of Christ</i> ☩ Hieromartyr Ignatios the God-bearer, Bishop of Antioch	21  <i>Forefeast of the Nativity of Christ</i> Virgin-martyr Juliana of Nicomedia	22  <i>Forefeast of the Nativity of Christ</i> Great-martyr Anastasia of Rome	23  <i>Forefeast of the Nativity of Christ</i> Holy Ten Martyrs of Crete
24  <i>Eve of the Nativity of Christ</i> Nun-martyr Eugenia of Rome Heb. 11:9-10, 32-40 Lk. 13:19-29	25 ☩  NATIVITY OF OUR LORD JESUS CHRIST Gal. 4:4-7 Mt. 2:1-12	26  <i>Afterfeast of the Nativity of Christ</i> ☩ Synaxis of the Most Holy Theotokos	27  <i>Afterfeast of the Nativity of Christ</i> ☩ Holy Protomartyr Stephen	28  <i>Afterfeast of the Nativity of Christ</i> 20,000 Martyrs of Nicomedia	29  <i>Afterfeast of the Nativity of Christ</i> 14,000 Holy Innocents	30  <i>Afterfeast of the Nativity of Christ</i> Virgin-martyr Anysia at Thessaloniki

☩ CLASS I (GREAT FEAST) ☩ CLASS II (VIGIL) + CLASS III (POLYELEOS) ☩ CLASS IV (GREAT DOXOLOGY) ☩ CLASS V (SIX STICHERA)

 Strict Fast  Wine & Oil Permitted  Fish, Wine & Oil Permitted  Eggs, Dairy, Fish, Wine & Oil Permitted  Fast-Free Period SSJC.UK

JANUARY 2024

ІАНИУАРІЙ ЗФЛБ



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 ⊕ CIRCUMCISION OF OUR LORD JESUS CHRIST Saint Basil the Great Col. 2:8-12 Lk. 2:20-21, 40-52	2 Forefeast of the Theophany Saint Sylvester, Pope of Rome	3 Forefeast of the Theophany Martyr Gordios of Cappadocia	4 Forefeast of the Theophany Synaxis of the Seventy Apostles	5 Eve of the Theophany Martyrs Theopemptos, bishop of Nicomedia, & Theonas	6 ⊕ THEOPHANY OF OUR LORD JESUS CHRIST Tit. 2:11-14; 3:4-7 Mt. 3:13-17
7 Sunday after the Theophany ☞ Synaxis of the Holy Prophet, Forerunner & Baptist John 2 Tim. 4:5-8 Mk. 11:8	8 Afterfeast of the Theophany Saint George the Chozebite Ven. Domnica of Constantinople	9 Afterfeast of the Theophany Saint Adrian of Canterbury	10 Afterfeast of the Theophany Saint Gregory of Nyssa	11 Afterfeast of the Theophany + Venerable Theodosios the Great + 2 Cor. 4:6-15; Mt. 11:27-30	12 Afterfeast of the Theophany Martyr Tatiana of Rome Venerable Benedict, Abbot of Wearmouth & Jarrow	13 Afterfeast of the Theophany Holy Fathers Slain at Sinai & Raithu
14 Leavetaking of the Theophany + Nina, Equal to the Apostles, Enlightener of Georgia Eph. 4:17-13 Mt. 4:12-17	15 ☞ Venerable Paul of Thebes & John the Hut-dweller	16 ☞ Veneration of the Precious Chains of the Apostle Peter	17 ⊕ ⊕ VENERABLE ANTHONY THE GREAT Heb. 13:17-21 Lk. 6:17-23	18 ☞ Saints Athanasios the Great & Cyril, Patriarchs of Alexandria	19 ☞ Venerable Makarios the Great of Egypt	20 ⊕ ⊕ VENERABLE EUTHYMIOS THE GREAT Heb. 13:17-21 Lk. 6:17-23
21 Beginning of the Triodion: Tone I SUNDAY OF THE PUBLICAN & THE PHARISEE Ven. Maximos the Confessor 2 Tim. 3:10-15 Lk. 18:10-14	22 Apostle Timothy of the Seventy	23 Hieromartyr Clement of Ankyra	24 Venerable Xenia of Rome	25 + Gregory the Theologian, Archbishop of Constantinople + 1 Cor. 12:7-11; Jn. 10:9-16	26 Venerable Xenophon & Maria	27 + Translation of the Relics of Saint John Chrysostom + Heb. 7:26-8:2; Jn. 10:9-16
28 Tone II SUNDAY OF THE PRODIGAL SON ☞ Venerable Ephraim the Syrian Venerable Isaac the Syrian 1 Cor. 6:12-20 Lk. 15:11-32	29 ☞ Translation of the Relics of Hieromartyr Ignatios of Antioch	30 + Three Great Hierarchs Basil the Great, Gregory the Theologian & John Chrysostom + Heb. 13:7-16; Mt. 5:14-19	31 ☞ Holy Wonderworkers & Unmercenaries Cyrus & John			

⊕ CLASS I (GREAT FEAST) ⊕ CLASS II (VIGIL) + CLASS III (POLYELEOS) ☞ CLASS IV (GREAT DOXOLOGY) ☞ CLASS V (SIX STICHERA)

Strict Fast Wine & Oil Permitted Fish, Wine & Oil Permitted Eggs, Dairy, Fish, Wine & Oil Permitted Fast-Free Period SSJC.UK

FEBRUARY 2024

ΦΕΒΡΥΑΡΙΪ ΖΨΛΕ



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2  	3 <i>Afterfeast of the Encounter</i> ✠ SOUL SATURDAY ✠ ☪ Righteous Simeon the God-receiver & Prophetess Anna ✠ 1 Thess. 4:13-17; Jn. 5:24-30 ✠
4 <i>Meatfare Sunday: Tone III</i> SUNDAY OF THE LAST JUDGEMENT Ven. Monk Isidore of Pelusion 1 Cor. 8:8-9:2 Mt. 25:31-46	5  <i>Afterfeast of the Encounter</i> Holy Martyr Agatha of Palermo in Sicily	6  <i>Afterfeast of the Encounter</i> Venerable Bucolos of Smyrna	7  <i>Afterfeast of the Encounter</i> Venerable Parthenios, Bishop of Lampsacus on the Hellespont	8  <i>Afterfeast of the Encounter</i> Great-martyr Theodore Stratelates Holy Prophet Zechariah	9  <i>Leavetaking of the Encounter</i> Martyr Nicephoros of Antioch	10  Hieromartyr Harolamos the Wonderworker of Magnesia
11  <i>Cheesefare Sunday: Tone IV</i> SUNDAY OF FORGIVENESS Hieromartyr Blaise of Sebaste Rom. 13:11-14:4 Mt. 6:14-21	12  <i>Monday of Clean Week</i> Saint Meletios, Archbishop of Antioch	13  <i>Tuesday of Clean Week</i> Venerable Martinian of Caesarea	14  <i>Wednesday of Clean Week</i> Venerable Cyril, Equal-to-the- Apostles & Teacher of the Slavs	15  <i>Thursday of Clean Week</i> Apostle Onesimos of the Seventy	16  <i>Friday of Clean Week</i> Martyrs Pamphilios, Valens & Those with Them at Caesarea	17  <i>1st Saturday of the Great Fast</i> GREATMARTYR THEODORE TYRO Heb. 1:1-12; Mk. 2:23-3:5 2 Tim. 2:1-10; Jn. 15:17-16:2
18  <i>1st Sunday of the Great Fast: Tone V</i> TRIUMPH OF ORTHODOXY St. Leo the Great, Pope of Rome Heb. 11:24-26; 11:32-12:2 Jn. 1:43-51	19  Apostles Archippos and Philemon of the Seventy and Martyr Apphia Is. 14:24-32 Gen. 8:21-9:7 Prov. 11:19-12:6	20  Venerable Leo of Catania	21  Venerable Timothy of Symbola Saint Eustathios of Antioch	22  Uncovering of the Relics of the Holy Martyrs at the Gate of Eugenios at Constantinople	23  Hieromartyr Polycarp, Bishop of Smyrna	24  <i>2nd Saturday of the Great Fast</i> ✠ SOUL SATURDAY ✠ + First & Second Findings of the Head of Forerunner John Heb. 3:12-16; Mk. 1:35-44 ✠ 1 Thess. 4:13-17; Jn. 5:24-30 ✠
27  <i>2nd Sunday of the Great Fast: Tone VI</i> SAINT GREGORY PALAMAS St. Tarasios, Abp. of Constantinople Heb. 1:10-2:3; Mk. 2:1-12 Heb. 7:26-8:2; Jn. 10:9-16	26  Saint Porphyrios of Gaza	27  Venerable Procopius the Confessor of Decapolis	28  Venerable Basil the Confessor, Companion of Saint Procopios	29  Venerable John Cassian the Roman		











☪ CLASS I (GREAT FEAST) ☪ CLASS II (VIGIL) + CLASS III (POLYELEOS) ☪ CLASS IV (GREAT DOXOLOGY) ☪ CLASS V (SIX STICHERA)

 Strict Fast  Wine & Oil Permitted  Fish, Wine & Oil Permitted  Eggs, Dairy, Fish, Wine & Oil Permitted  Fast-Free Period SSJC.UK

MARCH 2024

ΜΑΡΤΙΟΣ



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
31  ✠ PASCHA ✠ <i>The Bright Resurrection of Christ</i> <i>The Pascha of the Lord</i> Acts 1:1-8 Jn. 1:1-17					1  Venerable Martyr Eudoxia of Heliopolis	2  <i>3rd Saturday of the Great Fast</i> ✠ SOUL SATURDAY ✠ Hieromartyr Theodotos of Cyrenia
3  <i>3rd Sunday of the Great Fast: Tone VII</i> VENERATION OF THE HOLY CROSS Martyr Eutropios & Companions Heb. 4:14-5:6 Mk. 8:34-9:1	4  Venerable Gerasimos of the Jordan	5  Martyr Conon of Isauri	6  The 42 Martyrs of Ammorina in Phrygia	7  Holy Hieromartyrs of Cherson: Basil, Ephraim, Capito, Eugene, Aetherios, Elpidos & Agathodoros	8  Venerable Theophylactos, Bishop of Nicomedia	9  <i>4th Saturday of the Great Fast</i> ✠ SOUL SATURDAY ✠ + The Holy Forty Martyrs of Sebaste
10  <i>4th Sunday of the Great Fast: Tone VIII</i> VENERABLE FATHER JOHN OF THE LADDER Holy Martyr Codratos & Co. Heb. 6:13-20; Mk. 9:17-31 Eph. 5:9-19; Mt. 4:25-5:12	11  Saint Sophronios, Patriarch of Jerusalem	12  Ven. Theophanes of Sigriane; St. Gregory the Dialogist; Ven. Symeon the New Theologian	13  Translation of the Relics of St. Nicephoros the Confessor, Patriarch of Constantinople	14  Venerable Benedict of Nursia	15  Martyr Agapios & the Six Martyrs with him at Caesarea	16  <i>5th Saturday of the Great Fast</i> AKATHIST SATURDAY Martyr Sabinas of Hermopolis Martyr Papas of Lycaonia
17  <i>5th Sunday of the Great Fast: Tone I</i> VENERABLE MOTHER MARY OF EGYPT Ven. Patrick, Enlightener of Ireland Heb. 9:11-14; Mk. 10:32-45 Gal. 3:23-29; Lk. 7:36-50	18  Saint Cyril of Jerusalem Martyr Edward, King of England	19  Martyrs Chrysanthos & Daria	20  The Holy Fathers Slain at the Monastery of Saint Sabbas	21  Venerable James the Confessor of the Studium, Bishop of Catania	22  Hieromartyr Basil of Ancyra	23  <i>6th Saturday of the Great Fast</i> LAZARUS SATURDAY Venerable Martyr Nikon & 199 Disciples in Sicily
24   ✠ PALM SUNDAY ✠ <i>The Entry of Our Lord into Jerusalem</i> Phil. 4:4-9 Jn. 12:1-8	25   GREAT & HOLY MONDAY ANNUNCIATION OF THE MOST HOLY THEOTOKOS Gen. 28:10-17; Ezek. 43:27-44:4 Prov. 9:1-11; Heb. 2:11-18; Lk. 1:24-38	26  GREAT & HOLY TUESDAY ☩ Synaxis of the Archangel Gabriel	27  GREAT & HOLY WEDNESDAY Martyr Matrona of Thessaloniki	28  GREAT & HOLY THURSDAY Ven. Hilarion the New of Pelecete Ven. Stephen the Wonderworker	29  GREAT & HOLY FRIDAY Martyr Mark, Bishop of Arethusa, Hieromartyr Cyril, Deacon of Heliopolis, & Others	30  GREAT & HOLY SATURDAY Venerable John Climacus of Sinai, Author of The Ladder

☩ CLASS I (GREAT FEAST) ☩ CLASS II (VIGIL) + CLASS III (POLYELEOS) ☩ CLASS IV (GREAT DOXOLOGY) ☩ CLASS V (SIX STICHERA)

 Strict Fast  Wine & Oil Permitted  Fish, Wine & Oil Permitted  Eggs, Dairy, Fish, Wine & Oil Permitted  Fast-Free Period SSJC.UK

APRIL 2024

АПРІЛІЙ ЗФЛБ



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 BRIGHT MONDAY Venerable Mary of Egypt	2 BRIGHT TUESDAY Venerable Titus the Wonderworker Hieromartyr Mykolai of Volhynia	3 BRIGHT WEDNESDAY Venerable Niketas the Confessor, Abbot of Medikion	4 BRIGHT THURSDAY Ven. Joseph the Hymnographer Ven. George of Mount Maleon Ven. Zosmias of Palestine	5 BRIGHT FRIDAY Martyrs Theodoulos, Agathopodos & Those with Them at Thessaloniki	6 BRIGHT SATURDAY + Saint Methodios, Equal-to-the-Apostles, Enlightener of the Slavs
7 <i>2nd Sunday of Pascha: Tone I</i> SAINT THOMAS SUNDAY <i>Antipascha</i> Acts 5:12-20 Jn. 20:19-31	8 Holy Apostles of the Seventy Herodion, Agabus, Asinkritos, Rufus, Phlegontos & Hermas	9 JOYFUL PRAYERS FOR THE DEAD Martyr Euppsychios of Caesarea in Cappadocia	10 The Nine Holy Martyrs of Kyzika	11 Hieromartyr Antipas of Pergamon	12 Venerable Basil of Parion	13 Hieromartyr Artemon of Laodikeia
14 <i>3rd Sunday of Pascha: Tone II</i> MYRRBEARING WOMEN Saint Martin the Confessor, Pope of Rome Acts. 6:1-7 Mk. 15:43-16:8	15 Apostles Aristarkhos, Pudas & Trophymos of the Seventy	16 Virgin Martyrs Agape, Irene & Chionia in Illyria	17 Right-believing Tamara, Queen of Georgia; Saints Mary & Martha, Sisters of Saint Lazarus	18 Venerable John, disciple of Saint Gregory of Decapolis	19 Venerable John of the Ancient Caves in Palestine	20 Venerable Theodore Trichinas, hermit near Constantinople
21 <i>4th Sunday of Pascha: Tone III</i> SUNDAY OF THE PARALYTIC Hieromartyr Januarius, Bishop of Benevento, & companions Acts 5:12-20 Jn. 20:19-31	22 Venerable Theodore the Sykeote	23	24	25	26	27
28 <i>5th Sunday of Pascha: Tone IV</i> THE SAMARITAN WOMAN Acts 11:19-26 Jn. 4:5-42	29	30				

⊕ CLASS I (GREAT FEAST) CLASS II (VIGIL) + CLASS III (POLYELEOS) ☩ CLASS IV (GREAT DOXOLOGY) ☩ CLASS V (SIX STICHERA)

Strict Fast Wine & Oil Permitted Fish, Wine & Oil Permitted Eggs, Dairy, Fish, Wine & Oil Permitted Fast-Free Period SSJC.UK

MAY 2023

Май 3ФЛБ



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4
5 <i>6th Sunday of Pascha: Tone V</i> THE MAN BORN BLIND Acts 16:16-34 Jn. 9:1-38	6	7	8	9 ⊕ ASCENSION OF OUR LORD JESUS CHRIST	10	11
12 <i>7th Sunday of Pascha: Tone VI</i> FATHERS OF THE FIRST ECUMENICAL COUNCIL Acts 11:19-26 Jn. 4:5-42	13	14	15	16	17	18
19 ⊕ PENTECOST <i>The Descent of the All-Holy Spirit</i> ✠ TRINITY SUNDAY ✠ Acts 2:1-11 Jn. 7:37-52; 8:12	20	21	22	23	24	25
26 <i>1st Sunday after Pentecost: Tone VIII</i> SUNDAY OF ALL SAINTS Heb. 11:33-12:2 Mt. 10:32-33; 37-38; 19:27-30	27	28	29	30	31	






























⊕ CLASS I (GREAT FEAST) ⊕ CLASS II (VIGIL) ⊕ CLASS III (POLYELEOS) ⊕ CLASS IV (GREAT DOXOLOGY) ⊕ CLASS V (SIX STICHERA)

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JUNE 2024

ІУНІЙ ЗФЛБ



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30 <i>6th Sunday after Pentecost: Tone V</i> Rom. 12:6-14 Mt. 9:1-8						1
2  <i>2nd Sunday after Pentecost: Tone I</i> ALL SAINTS OF THE BRITISH ISLES Rom. 2:10-16; Mt. 4:18-23 Heb. 11:33-12:2; Mt. 4:25-5:12	3 	4 	5 	6 	7 	8 
9  <i>3rd Sunday after Pentecost: Tone II</i> Rom. 5:1-10 Mt. 6:22-33	10 	11 	12 	13 	14 	15 
16  <i>4th Sunday after Pentecost: Tone III</i> Rom. 6:18-23 Mt. 8:5-13	17 	18 	19 	20 	21 	22 
23  <i>5th Sunday after Pentecost: Tone IV</i> Rom. 10:1-10 Mt. 8:28-9:1	24   NATIVITY OF HOLY FORERUNNER JOHN Rom. 13:11-14:4 Lk. 1:1-25, 57-68, 76, 80	25 	26 	27 	28 	29  HOLY CHIEF APOSTLES PETER & PAUL 2 Cor. 11:21-12:9 Mt. 16:13-19

⊕ CLASS I (GREAT FEAST) ⊕ CLASS II (VIGIL) ⊕ CLASS III (POLYELEOS) ⊕ CLASS IV (GREAT DOXOLOGY) ⊕ CLASS V (SIX STICHERA)

 Strict Fast  Wine & Oil Permitted  Fish, Wine & Oil Permitted  Eggs, Dairy, Fish, Wine & Oil Permitted  Fast-Free Period SSJC.UK

JULY 2024

ІУЛІЙ ЗФЛБ



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5	6
7 <i>7th Sunday after Pentecost: Tone VI</i> OUR LADY OF PERPETUAL SUCCOUR Ven. Thomas of Mount Malcon Ven. Akakios of Sinai Rom. 15:1-7; Mt. 9:27-35	8	9	10	11	12	13
14 <i>8th Sunday after Pentecost: Tone VII</i> HOLY FATHERS OF THE FIRST SIX COUNCILS 1 Cor. 1:10-18; Mt. 14:14-22 Heb. 13:7-16; Jn. 17:1-13	15	16	17	18	19	20
21 <i>9th Sunday after Pentecost: Tone VIII</i> 1 Cor. 3:9-17 Mt. 14:22-34	22	23	24	25	26	27
28 <i>10th Sunday after Pentecost: Tone I</i> 1 Cor. 4:9-16 Mt. 17:14-23	29	30	31			

CLASS I (GREAT FEAST)
 CLASS II (VIGIL)
 CLASS III (POLYELEOS)
 CLASS IV (GREAT DOXOLOGY)
 CLASS V (SIX STICHERA)

Strict Fast
 Wine & Oil Permitted
 Fish, Wine & Oil Permitted
 Eggs, Dairy, Fish, Wine & Oil Permitted
 Fast-Free Period
 SSJC.UK

AUGUST 2024

ΑΥΓΟΥΣΤΟΣ 2024



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3
4 <i>10th Sunday after Pentecost: Tone I</i> 1 Cor. 4:9-16 Mt. 17:14-23	5	6 TRANSFIGURATION OF OUR LORD JESUS CHRIST 2 Pet. 1:10-19 Mt. 17:1-9	7	8	9	10
11 <i>11th Sunday after Pentecost: Tone II</i> 1 Cor. 9:2-12 Mt. 18:23-35	12	13	14 ⊕ Forefeast of the Dormition	15 DORMITION OF THE MOST HOLY THEOTOKOS Phil. 2:5-11 Lk. 10:38-42; 11:27-28	16	17
18 <i>13th Sunday after Pentecost: Tone IV</i> 1 Cor. 9:2-12 Mt. 18:23-35	19	20	21	22	23	24
25 <i>14th Sunday after Pentecost: Tone V</i> 2 Cor. 1:12-2:4 Mt. 22:1-14	26	27	28	29 BEHEADING OF HOLY FORERUNNER JOHN Acts. 13:25-33 Mk. 6:14-30	30	31

⊕ CLASS I (GREAT FEAST) ⊕ CLASS II (VIGIL) ⊕ CLASS III (POLYELEOS) ⊕ CLASS IV (GREAT DOXOLOGY) ⊕ CLASS V (SIX STICHERA)

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