

⊕ Exaltation of the Precious Cross

First Antiphon

Verse 1: Oh God, my God, hear me; why have You forsaken me? * The words of my transgressions put salvation far from me. *(Ps. 21:2)*

Refrain: Through the prayers of the Mother of God [Theotókos], * O Saviour save us.

Verse 2: O God, I will call to You by day but You will not listen; * and by night, yet it will not be foolish of me. *(Ps. 21:3)*

Refrain: Through the prayers of the Mother of God [Theotókos], * O Saviour save us.

Verse 3: But You, the praise of Israel, * dwell in the holy place. *(Ps. 21:4)*

Refrain: Through the prayers of the Mother of God [Theotókos], * O Saviour save us.

† Glory be to the Father and to the Son and to the Holy Spirit, * now and for ever and ever. Amen.

Refrain: Through the prayers of the Mother of God [Theotókos], * O Saviour save us.

Second Antiphon

Verse 1: Why, O God, have You utterly rejected us? * Why does Your anger rage against the sheep of Your pasture? *(Ps. 73:1)*

Refrain: Son of God, crucified in the flesh, * save us who sing to You: Alleluia.

Verse 2: Remember Your congregation which You acquired from the beginning, * which You redeemed with the sceptre of Your inheritance. *(Ps. 73:2)*

Refrain: Son of God, crucified in the flesh, * save us who sing to You: Alleluia.

Verse 3: Remember this mountain of Sion, * where You have made Your dwelling. *(Ps. 73:2)*

Refrain: Son of God, crucified in the flesh, * save us who sing to You: Alleluia.

† Glory be to the Father and to the Son and to the Holy Spirit, now and forever and ever. Amen.

Only-begotten Son and Word of God, ...

Third Antiphon

Verse 1: The Lord reigns, Let the peoples tremble; * He is enthroned upon the cherubim, let the earth quake. *(Ps. 98:1)*

Troparion, tone 1: Save Your people, O Lord, and bless Your inheritance. * Grant victory to Your faithful people against enemies, * and protect Your community by Your Cross.

Verse 2: Great is the Lord in Sion * and supreme above all peoples. *(Ps. 98:2)*

Troparion, tone 1: Save Your people, O Lord, and bless Your inheritance. * Grant victory to Your faithful people against enemies, * and protect Your community by Your Cross.

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Verse 3: Let them profess Your great Name * for it is awesome and holy. (Ps. 98:3)

Troparion, tone 1: Save Your people, O Lord, and bless Your inheritance. * Grant victory to Your faithful people against enemies, * and protect Your community by Your Cross.

Entrance verse: Exalt the Lord our God, * and bow in worship at the footstool of His feet for it is holy. (Ps. 98:5)

Troparion, tone 1: Save Your people, O Lord, and bless Your inheritance. * Grant victory to Your faithful people against enemies, * and protect Your community by Your Cross.

† Glory be to the Father and to the Son and to the Holy Spirit, * now and for ever and ever. Amen

Kontakion, tone 4: By Your own choice, O Christ our God, * You were lifted on the cross. * Grant Your mercies to Your new community * that bears Your Name. * By Your power gladden the faithful people, * and grant them victory against enemies. * May they have the help of Your instrument of peace, * the invincible sign of victory.

Instead of "Holy God" we chant: † To Your Cross, O Master, we bow in veneration, and we glorify Your holy Resurrection. (3)

Prokimenon, tone 7: Exalt the Lord our God, * and bow in worship at the footstool of His feet, for it is Holy. (Ps. 98:5)

Verse: The Lord reigns, let the peoples tremble. (Ps. 98:1)

Epistle: 1 Corinthians 1:18-24, pericope 125

Alleluia, tone 1: Remember Your congregation which You acquired from the beginning. (Ps. 73:12)

Verse: But God is our King before the ages; He has wrought salvation in the midst of the earth. (Ps. 73:12)

Gospel: John 19:6-11; 13-20; 25-28; 30-35, pericope 60

Instead of It is truly right, we chant: O my soul, magnify the most precious Cross of the Lord.

Irmos, tone 8: You are a mystical Paradise, O Mother of God [Theotókos], who though untilled, have brought forth Christ. He has planted upon earth the life-giving Tree of the Cross. Therefore today as we raise it on high we bow low and we magnify you.

Communion Verse: Let the light of Your countenance, O Lord, * shine upon us. (Ps. 4:7)
Alleluia. (3)

At all the Hours

- Troparion: Cross
- Kontakion: Cross